

## Dementia Program for Carers (PCW, AIN PCA) 2015 UPDATE

Age Concern is proud to present the 2015 update to our acclaimed Dementia Program for Carers (PCW, AIN PCA). This program aims to improve the person centred care outcomes for clients with dementia by aligning the knowledge and skills of personal care worker with the contemporary practices of 2015, as is offered to registered and enrolled nurses



- ⊕ There is no assignment or readings
- ⊕ Individual sessions may be taken, each equating to 1 CPD hour.



The course is presented as part of our convenient "Online -Ready-To-Go" series of programs so you can learn when, where and how it best suits you!

Offline support (questions direct to the facilitator) is also available.



- Individual
- ⊕ Individual Sessions – \$33 per person (incl. GST)
  - ⊕ Entire Course – \$150 per person (incl. GST)



Organisation / Group Fee

- ⊕ 25% off on bookings of 5 or more.
- ⊕ 40% off on bookings of 10 or more.
- ⊕ 50% off on bookings of 15 or more.
- ⊕ 60% off on bookings off 20 or more.

### Overview

This program aims to improve the person centred care outcomes for clients with dementia by aligning the knowledge and skills of personal care worker with the contemporary practices of 2015, as is offered to registered and enrolled nurses.

The program:

- ⊕ six (6) sessions, each of one (1) hour duration
- ⊕ re-enforces the legal responsibility of following care plans
- ⊕ discusses the role of the carer as the 'eyes and ears' of nurses
- ⊕ is suitable for carers in all work environments
- ⊕ emphasises legal documentation
- ⊕ aligns knowledge with contemporary care. as for RNs and ENs

### Overall Objective

At the completion of the program, the personal care worker should be better able to support nursing staff in the delivery of person centred care through their understanding of contemporary care practices.

There are individual objectives for each session.

### Facilitator

- ⊕ Prue Mellor RN, MNg(Geront), MNg(NPrac), MACN

### Delivery suggestions for groups

- \* we recommend the program, where possible, is set up as group sessions, through your TV or data projector
- \* staff who cannot make the group sessions can have access to the recorded 'archived' sessions at times to suit
- \* each group should be facilitated by a RN, as ENs cannot not direct care to PCW/AINs

*Note:*

- \* *Group bookings must be from same facility location.*
- \* *Discounts are automatically applied at checkout.*

## Course Fees & Options



Full Course  
All Program Sessions \$150 (incl. GST)



Individual Sessions  
Sessions can be purchased individually - \$33 (incl. GST)

## Session Details

### Session 1 - Professional Practice for Personal Care Workers

The role of the personal care worker.

- ⊕ OBJECTIVE  
At the completion of this session the personal care worker, should be able to list those activities that form part of their responsibilities including reading and following care plans; know the meaning of duty of care and what to report to the registered nurse.
- ⊕ CONTENT
  - \* the legal role of care staff with a Cert III and or IV
  - \* following the care plans and duty of care
  - \* documenting legally
  - \* the issue of PCWs – AINs documenting for ACFI

### Session 2 - The brain and how dementia develops

What is a dementia?

- ⊕ OBJECTIVE  
At the completion of this session, the personal care worker should be able to list some causes of dementia; have an understanding of why and how the symptoms of a dementia occur; have an understanding that delirium and depression may look similar
- ⊕ CONTENT
  - \* a diagrammatic demonstration of how Alzheimer's causes the signs and symptoms
  - \* how care staff will know that a resident/client has some disease in the brain
  - \* how they should respond to the symptoms, using the care plan
  - \* what else looks like a dementia

### Session 3 - Different disease

Different diseases, different 'looks'

- ⊕ OBJECTIVE  
At the completions of this session, the personal care worker should be able to list the diseases that cause dementia and understand memory loss.
- ⊕ CONTENT
  - \* the different causes of dementia
  - \* memory loss and what the resident may say and do
  - \* how to support a resident with memory loss
  - \* what not to say and do when a resident has memory loss

## Session 4 - Person centred care

What it is and how it works

- ⊕ OBJECTIVE  
At the completion of this session the personal care worker should be able to state what person centred care means to the resident/patient.
- ⊕ CONTENT
  - \* person centred care, what it is
  - \* how person centred care works for everyone
  - \* the rights of person centred care

## Session 5 – What to expect

Symptoms

- ⊕ OBJECTIVE  
At the completion of this session, the personal care worker should be able to list frequently observed symptoms with Alzheimer's disease
- ⊕ CONTENT
  - \* loss of memory and how to respond
  - \* loss of language and how to respond
  - \* loss of abilities for activities of daily living and care needs
  - \* loss and or change of the resident's interpretation on what they see and hear

## Session 6 – Behaviours

What is and is not a behaviour

- ⊕ OBJECTIVE  
At the completions of this session the personal care worker should be able to list behaviours associated with dementia and list.
- ⊕ CONTENT
  - \* what is and is not a behaviour
  - \* the underpinning of the PLST model of care
  - \* using the care plan for to reduce wandering and agitation
  - \* rest periods to reduce Sundowner's syndrome

## CPD

For Nurse Practitioners, Registered and Enrolled Nurses.

Book online or call us now regarding your CPD needs



## Application Form

Register securely online or complete the details below and either Fax, Email or Send to our Office.

FIRST NAME: ..... SURNAME: .....  
 POSTAL ADDRESS: ..... POST CODE: .....  
 TELEPHONE: (BH) ..... (AH) .....  
 MOBILE: ..... EMAIL: .....

### Work Details -

NAME OF WORKPLACE: ..... POSITION: .....  
 POSTAL ADDRESS: ..... POST CODE: .....

### Select Course Option or Session -

Full Course \$150 (incl GST)

Individual Sessions \$33 (incl GST)

Session 1     Session 2     Session 3  
 Session 4     Session 5     Session 6



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### Payment -

Cheque Enclosed for \$ .....

Please charge my Credit Card \$ .....

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Signed: .....

*This form becomes a TAX INVOICE on payment.*

Fax, Email, Send or Register online.

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*Please note it is a condition of your registration that you are required to sign a terms & conditions document relating to the copyright of the program content and related materials.*  
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 A full refund less 10% will be given for written cancellations unless login details have been emailed. No refund will otherwise be made in the event of cancellations or non-attendance by an applicant. Age Concern Pty Ltd may cancel or postpone the program at any time or for any reason at their discretion. In such an event, the maximum liability of Age Concern Pty Ltd to all applicants will be limited to a full refund of the registration fee paid by the applicant. No other claims will be recognised. To the extent permitted by law, all other claims, liability or warranties are expressly excluded.

RECEIPT OF A COMPLETED FORM WILL BE REGARDED AS A CONFIRMED BOOKING FOR WHICH PAYMENT WILL BE DUE EVEN IF THERE IS NO LOG-ON.