

Dementia Program for Enrolled Nurses 2015 UPDATE (A CLINICALLY FOCUSED PROGRAM)

Age Concern is proud to present the 2015 update to our acclaimed Dementia Programs. The program covers all the relevant recommendations of the **Senate Inquiry**, as well the feedback from the two (2) **coronial inquiries** and the two (2) government urgent **roundtable meetings**, all on the issues of dementia care in Australia and as they effect the enrolled nurse.

This program has been specifically tailored for Enrolled Nurses and is a modified version of our RN University recognised program.



Overview

Age Concern Pty Ltd has modified the university recognised RN program to better support enrolled nursing practice in the care of residents/patients with a dementia.

The program:

- includes 9 individual topics relating to the dementia, delirium and depression
- offers practical strategies that can immediately be considered
- is suitable for ENs in the community, hospitals, residential and respite services



- The full course including assignments and journal articles equates to 20 CPD hours
- The full course (without assignments or articles) equates to 15 CPD hours
- Individual sessions may be taken, each equating to 1.5 CPD hours



The program will be presented LIVE in our virtual classroom. The Live classroom option is a great way of learning, allowing you to direct question and interact with the Facilitators.

Session Days: Monday (*commencing 2 March 2015*)
Session Times: 1300 to 1430 AEDT
(SA 1230 hrs; QLD 1200 hrs; NT 1130 hrs; WA 1000 hrs)

Note:

All sessions are recorded so, if you cannot attend the Live Sessions, you can easily listen to the recordings at your leisure!



The course, at your option, can also be taken in the recorded format (or a mix of LIVE and recorded) over the 10 week program. Recorded sessions are available within 1 hour of the live program session and will be available for 2 months.

Overall Objective

At the completion of this session the enrolled nurse should be able to list the symptoms associated with neurocognitive disorders (dementia); participate in relevant data collection and contribute to the development, implementation and evaluation of person centred care planned nursing interventions for clients with a dementia.

There are individual objectives for each session.

Facilitator

- Prue Mellor RN, MNg(Geront), MNg(NPrac), MACN



The program may be taken either with or without Assignments and Journal articles, which obviously varies the attributable CPD hours and course fee. Payment plan options are also provided.

The program must be completed within four months of commencement.

Alternatively, individual sessions may also be purchased.

Benefits of the Dementia Program

- You meet the requirements of Senate recommendations (2014), of having appropriate education
- You receive education/training at enrolled nurses level not at the level of carers.
- You can be ahead with contemporary knowledge
- Have access to expert practitioners after the program
- Your contemporary knowledge and practice will support improved outcomes for your patients, clients and or residents .
- No travel time
- We provide (free*) participants with a headset & microphone for the 'live sessions * If not previously received a free headset. We provide all contemporary reading material for the full program

Entry Requirements & Assessment

ENTRY REQUIREMENTS:

Participants do not need to be medication endorsed for this program.

To complete the program, each applicant must be licensed to practice through the Nursing and Midwifery Board of Australia as an enrolled nurse.

Enrolled nurses completing the full program will require rightful access to nursing and other records of clients.

MINIMUM HOURS OF INSTRUCTION:

For those nurses completing the full course, the hours specified in the time table are the mandatory minimum, and includes hours used to view the archived sessions.

ASSESSMENT:

For those enrolled nurses completing the full program, attracting a further 5 CPD hours there is a short case study to be completed within 10 weeks of the final session.

Facility / Group Discount

* All must work at same site & not applicable in conjunction with other discount offers

- 25% discount
- 40% discount
- 50% discount
- 60% discount

- Group Bookings of 5 or more
- Group Bookings of 10 or more
- Group Bookings of 15 or more
- Group Bookings of 20 or more

Course Fees & Options



Full Course with Assignments

All Program Sessions plus Journal Articles & Assignments \$440 (incl. GST)

PAYMENT PLAN

\$110 X 4 Payments (incl. GST)

Payments are due on registration, 2nd, 3rd & 4th month of program and you agree for these funds to be withdrawn automatically regardless of whether or not you access either the live or archived sessions. Once your login details have been sent, there is no opportunity to change program options.



Full Course *without* Assignments

All Program Sessions only. NO Journal Articles & NO Assignments \$330 (incl. GST)

PAYMENT PLAN

\$110 X 3 Payments (incl. GST)

Payments are due on registration, 2nd, 3rd & 4th month of program and you agree for these funds to be withdrawn automatically regardless of whether or not you access either the live or archived sessions.



Individual Sessions

At your discretion (and at no additional cost) may include Journal Articles & Assignments

\$55 (incl. GST)



Payment is due on registration

Session Details

Session 1 - Nursing practice and responsibility

Knowing which and how the documents will support your nursing practice

+ OBJECTIVE

At the completion of the session the enrolled nurse should be able to identify the leading documents that inform the practice of the enrolled nurse in Australia; define evidence based practice and list the principles of ethical care.

**1.5
CPD HOURS**

LIVE SESSION

Mon 2 March 1300 - 1430 AEDT

RECORDED SESSION

Available 1 hour after Session

+ CONTENT

- * documents that inform nursing including National Competency Standards for the Enrolled Nurse
- * introduction to evidence based nursing and ethics;
- * legal and professional documentation
- * duty of care, the facts

Session 2 - Delirium – a geriatric emergency

Often and incorrectly called 'more confused'

+ OBJECTIVE

At the completion of this session the enrolled nurse should be able to list the risk factors of delirium; assist with data collection and contribute to the development, implementation and evaluation of planned nursing interventions.

**1.5
CPD HOURS**

LIVE SESSION

Mon 9 March 1300 - 1430 AEDT

RECORDED SESSION

Available 1 hour after Session

+ CONTENT

- * defining delirium; risk factors; mortality & morbidity
- * valid data collection tools and activities
- * the role of documentation for improved client outcomes
- * interventions to minimise risk and or duration of delirium

Session 3 - Depression in Older Adults

Depression, grief or bereavement?

+ OBJECTIVE

At the completion of this session the enrolled nurse should be able to define major & minor depressive illnesses; a grief reaction and bereavement; participate in relevant data collection and contribute to the development, implementation and evaluation of planned nursing interventions.

**1.5
CPD HOURS**

LIVE SESSION

Mon 16 March 1300 - 1430 AEDT

RECORDED SESSION

Available 1 hour after Session

+ CONTENT

- * defining major & minor depression; grief and bereavement
- * risk factors for depression in the older adult
- * data collection activities and tools
- * pharmacological and psychosocial interventions

Session 4 - Alzheimer's and non-Alzheimer's NCD

Dementia is now called neurocognitive disorders (NCD)

+ OBJECTIVE

At the completion of this session the enrolled nurse should be able to list the more frequent causes of neurocognitive disorders; list the symptoms of impaired cognitive function; contribute to planned nursing care, through the accurate collection of data; list some of the age related changes in pharmacokinetics and pharmacodynamics

**1.5
CPD HOURS**

LIVE SESSION

Mon 23 March 1300 - 1430 AEDT

RECORDED SESSION

Available 1 hour after Session

+ CONTENT

- * vascular, Lewy bodies; frontotemporal degeneration; HIV & substance induced NCD
- * symptoms of neurocognitive disorders
- * planned nursing care
- * pharmacokinetics and pharmacodynamics changes due to ageing

Session 5 - Introduction to PLST

Person centred care model.

+ OBJECTIVE

At the completion of the session the enrolled nurse should be able to list the modifiable and non-modifiable factors affecting symptom presentation due to neurocognitive disorder; define a conceptual model.

**1.5
CPD HOURS**

LIVE SESSION

Mon 30 March 1300 - 1430 AEDT

RECORDED SESSION

Available 1 hour after Session

+ CONTENT

- * conceptual models of nursing care
- * size and location of damage; impact of pre-morbid personality.
- * cultural, ethnic and religious affiliations.
- * environmental and interpersonal demands

Session 6 - Cognitive Losses

Why repetition is a symptom, not a behaviour.

**1.5
CPD HOURS**

LIVE SESSION

Mon 6 April 1300 - 1430 AEDT

RECORDED SESSION

Available 1 hour after Session

+ OBJECTIVE

At the completion of this session the enrolled nurse should be able to list the cognitive symptoms associated with neurocognitive disorders; participate in relevant data collection and contribute to the development, implementation and evaluation of planned nursing interventions.

+ CONTENT

- * memory types and losses; data requirement for planned nursing management
- * language losses in Alzheimer's disease; data requirement for planned nursing management
- * agnosia – symptoms of losses; data requirement for planned nursing management
- * recognition of executive function loss; data requirement for planned nursing management

Session 7 - Affective Losses

How the paranoia can be managed.

**1.5
CPD HOURS**

LIVE SESSION

Mon 13 April 1300 - 1430 AEDT

RECORDED SESSION

Available 1 hour after Session

+ OBJECTIVE

At the completion of this session the enrolled nurse should be able to list the affective symptoms associated with neurocognitive disorders; participate in relevant data collection and contribute to the development, implementation and evaluation of planned nursing interventions

+ CONTENT

- * loss of affect or personality change; data requirement for planned nursing management
- * paranoia or an explanation; data requirement for planned nursing management
- * hallucination or pseudo-hallucinations; data requirement for planned nursing management
- * social withdrawal, whose problem; data requirement for planned nursing management

Session 8 - Conative Losses

Whose routine is the best?

**1.5
CPD HOURS**

LIVE SESSION

Mon 20 April 1300 - 1430 AEDT

RECORDED SESSION

Available 1 hour after Session

+ OBJECTIVE

At the completion of this session the enrolled nurse should be able to list the conative symptoms associated with neurocognitive disorders; participate in relevant data collection and contribute to the development, implementation and evaluation of planned nursing interventions.

+ CONTENT

- * planning losses associated with wandering; data requirement for planned nursing management
- * reduced praxis; data requirement for planned nursing management
- * motor apraxia; data requirement for planned nursing management

Session 9 - PLST Person Centred Care

Why behaviours occur.

**1.5
CPD HOURS**

LIVE SESSION

Mon 27 April 1300 - 1430 AEDT

RECORDED SESSION

Available 1 hour after Session

+ OBJECTIVE

At the completion of this session the enrolled nurse should be able to state how the progressively lowered stress threshold model of care reduces disturbed and dysfunctional responses and can list the major stressors.

+ CONTENT

- * the progressively lowered stress threshold model of care
- * person centred care for clients with a dementia
- * data requirement for planned nursing management
- * planned strategies for aggressive; intrusive; 'stealing'; calling out; Sundowner syndrome and other behaviour

Session 10 - Summation, review and assignment

Demonstrating your knowledge.

**1.5
CPD HOURS**

LIVE SESSION

Mon 4 May 1300 - 1430 AEDT

RECORDED SESSION

Available 1 hour after Session

+ OBJECTIVE

At the completion of this session and program the enrolled nurse should be able to write an assignment that demonstrates an understating of how cognitive losses may present; how to contribute to contemporary person centre care planning to minimise disturbed and dysfunctional responses.

+ CONTENT

- * positive regard and environmental support
- * the care plan and evaluation of care
- * review of nursing documentation
- * assignment writing

Note: Registration for Session 10 is automatic (at no additional cost) after completing the previous 9 sessions.

Application Form

Register securely online or complete the details below and either Fax, Email or Send to our Office.

FIRST NAME: SURNAME:
 NURSING REG No.
 POSTAL ADDRESS:
 POST CODE
 TELEPHONE: (BH) (AH)
 MOBILE: EMAIL:

Work Details -

NAME OF WORKPLACE: POSITION:
 POSTAL ADDRESS:
 POST CODE

Select Course Option or Session -

- | | | |
|---|------------------------------------|---|
| <input type="checkbox"/> Full Course with Assignments | \$440 (incl GST) | <input type="checkbox"/> Payment Plan 4 x \$110 |
| <input type="checkbox"/> Full Course <i>without</i> Assignments | \$330 (incl GST) | <input type="checkbox"/> Payment Plan 3 x \$110 |
| Individual Sessions | \$55 (incl GST) | |
| <input type="checkbox"/> Session 1 | <input type="checkbox"/> Session 2 | <input type="checkbox"/> Session 3 |
| <input type="checkbox"/> Session 4 | <input type="checkbox"/> Session 5 | <input type="checkbox"/> Session 6 |
| <input type="checkbox"/> Session 7 | <input type="checkbox"/> Session 8 | <input type="checkbox"/> Session 9 |

Payment -

- Cheque Enclosed for \$
- Please charge my Credit Card \$
- CARD NUMBER: EXP
- Signed:
- Please Invoice:

This form becomes a TAX INVOICE on payment.

Fax, Email, Send or Register online.

FAX: 03 9576 9811
 POSTAL: PO BOX 118, ORMOND VIC 3204
 EMAIL: info@ageconcern.com.au
 PHONE: 03 9576 9811

Please note it is a condition of your registration that you are required to sign a terms & conditions document relating to the copyright of the program content and related materials.

CANCELLATIONS AND REFUNDS:
A full refund less 10% will be given for written cancellations received fourteen (14) days before the commencement date, unless login details to journals have been emailed. No refund will otherwise be made in the event of cancellations or non-attendance by an applicant. Age Concern Pty Ltd may cancel or postpone the program at any time or for any reason at their discretion. In such an event, the maximum liability of Age Concern Pty Ltd to all applicants will be limited to a full refund of the registration fee paid by the applicant. No other claims will be recognised. To the extent permitted by law, all other claims, liability or warranties are expressly excluded.

RECEIPT OF A COMPLETED FORM WILL BE REGARDED AS A CONFIRMED BOOKING FOR WHICH PAYMENT WILL BE DUE EVEN IF THERE IS NO LOG-ON.